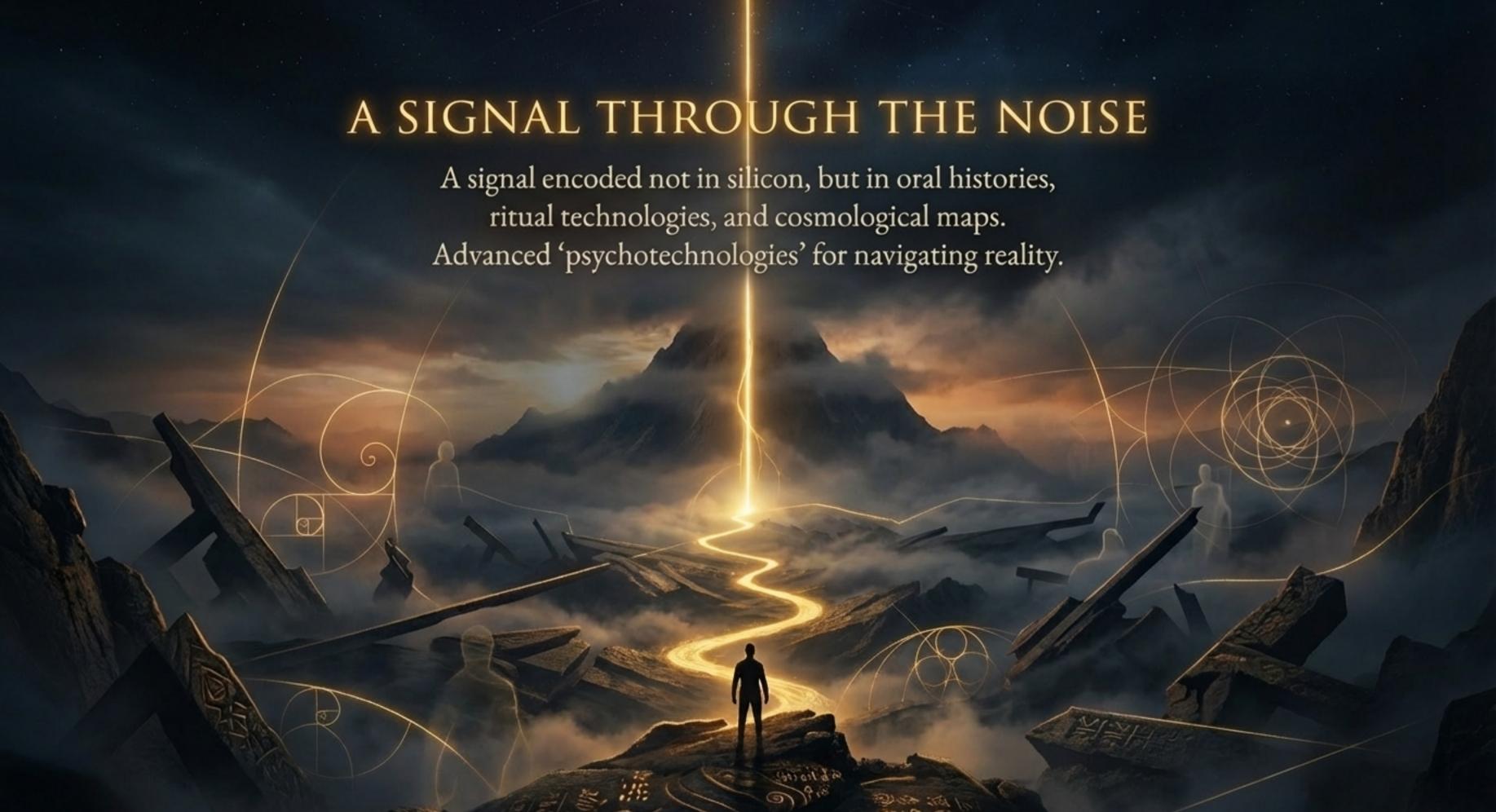


THE BELL TOLLS FOR THE ANTHROPOCENE

A paradox of progress. A profound dislocation.

The convergence of ecological collapse, mental health epidemics, and the dissolution of meaning.





DE-LINEARIZING TIME

CHRONOS: The Tyranny of the Arrow

Future-orientation Scarce resource

KAIROS: The Spiral of Renewal

Andean *Pachakuti*: A necessary reset; the turning over of space-time.

Maori Wisdom: Walking backward into the future, eyes on the ancestors.

Aboriginal *Tjukurrpa*:
The "Everywhen," a parallel reality in the "standing now."

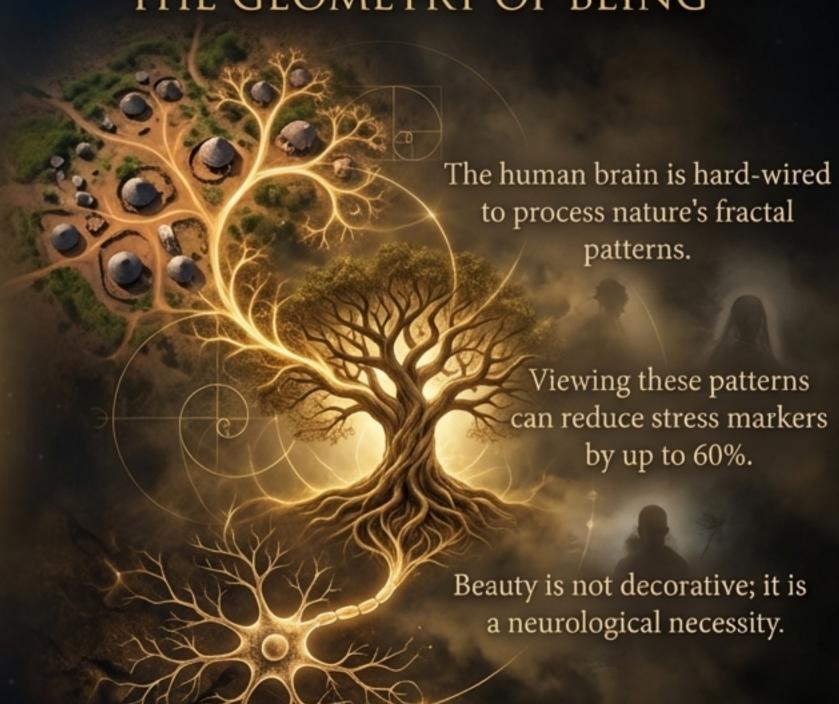


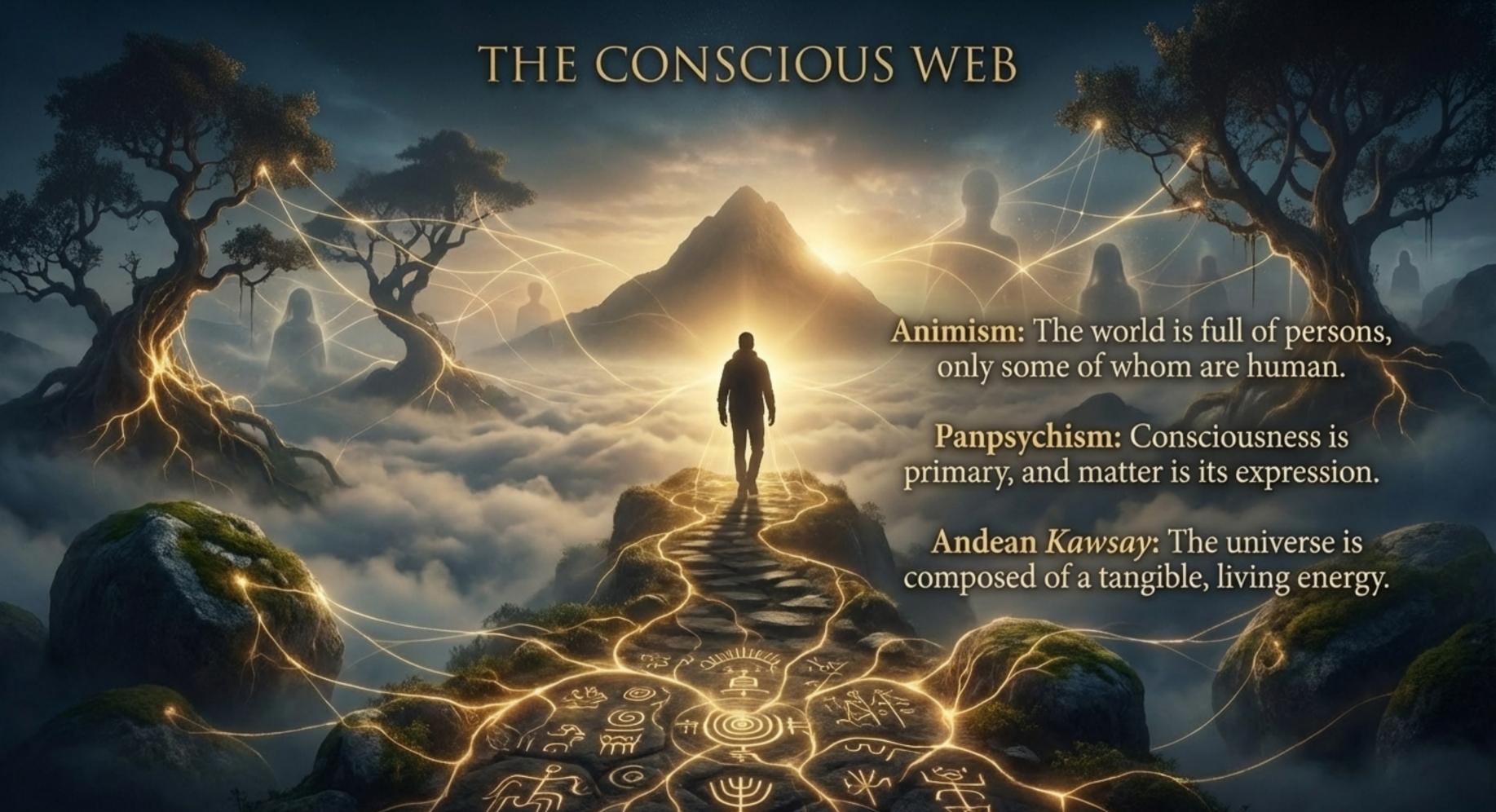
THE FRACTAL FLUENCY

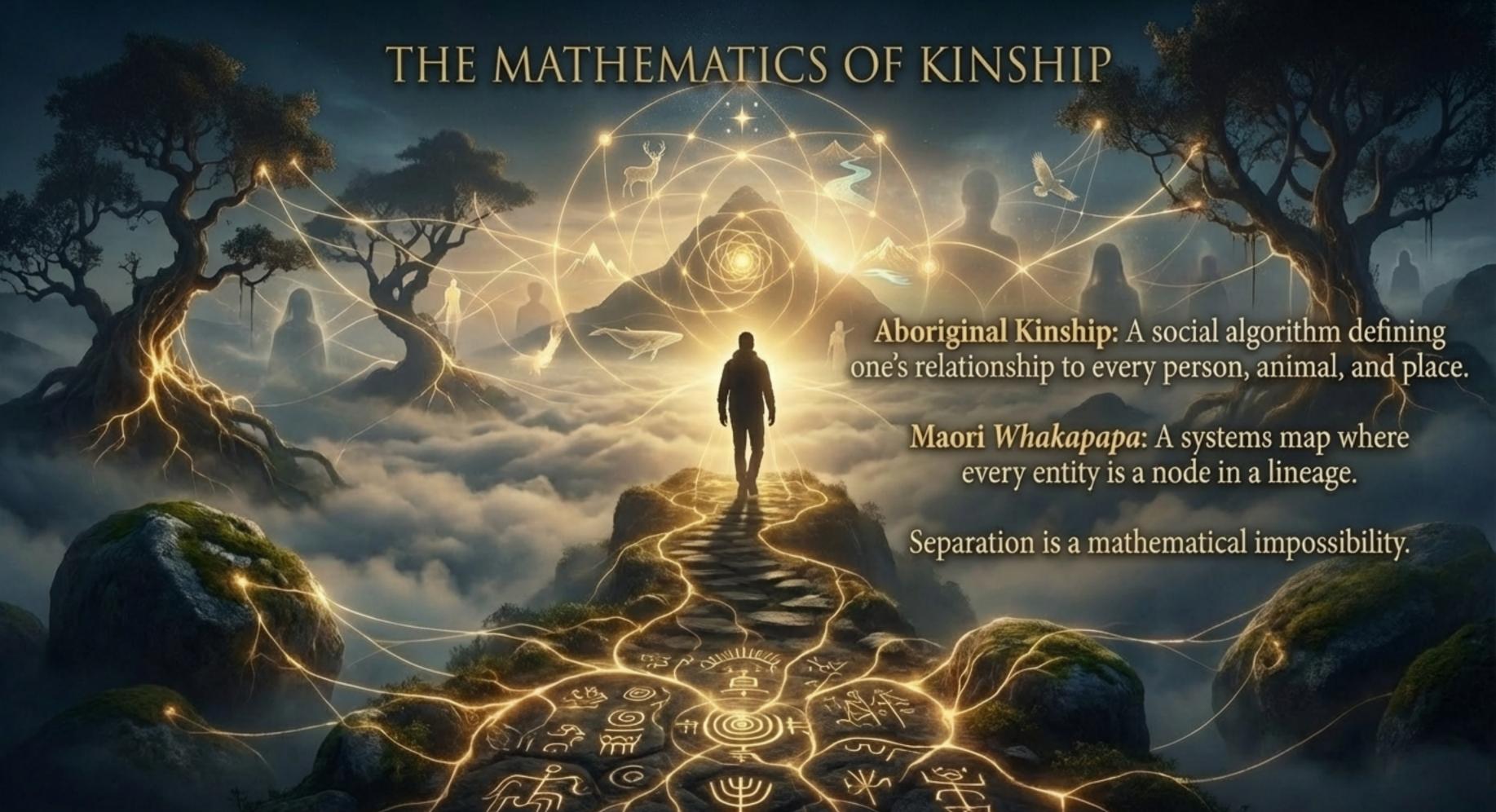
THE CONCRETE BOX



THE GEOMETRY OF BEING

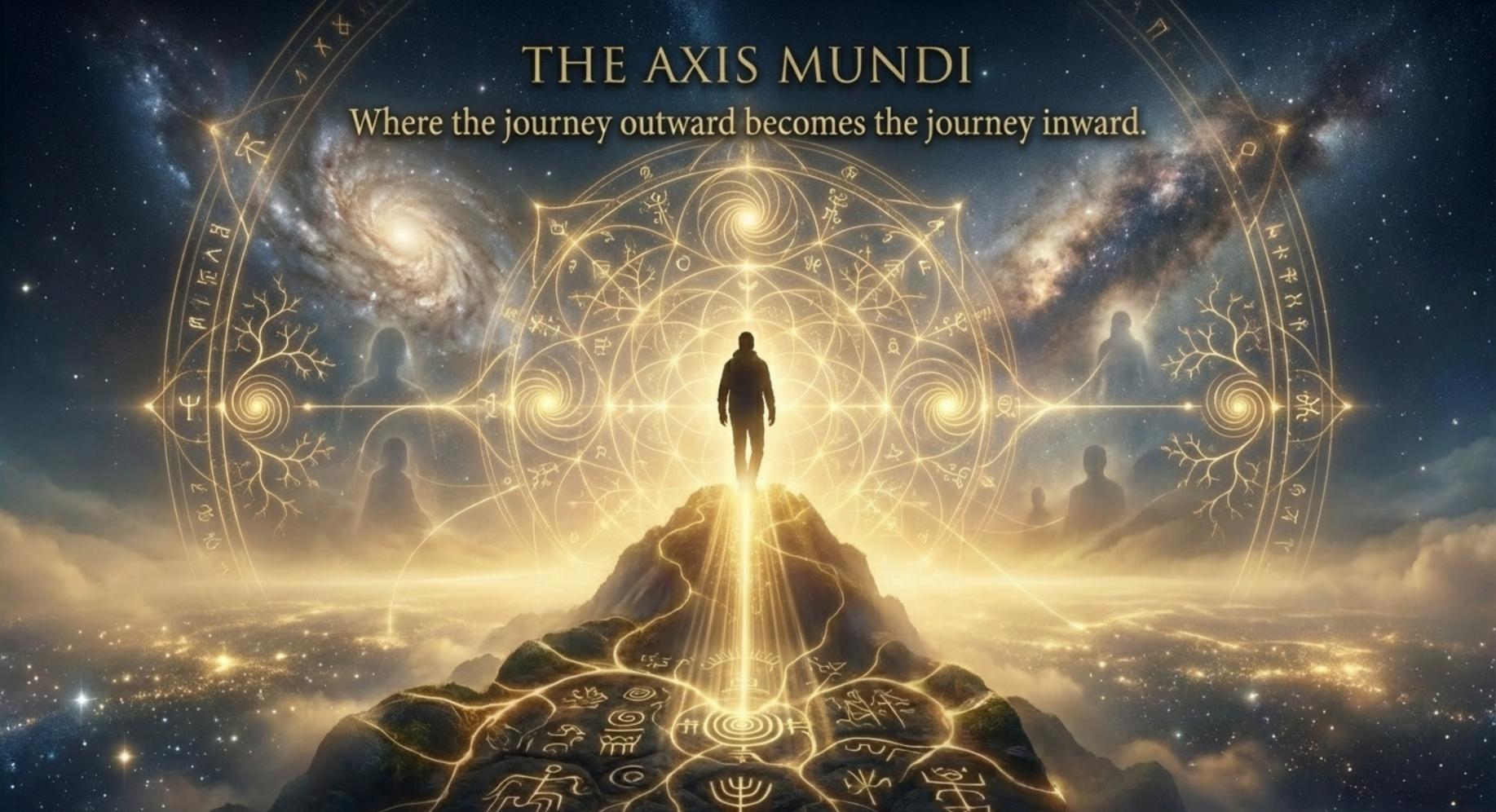






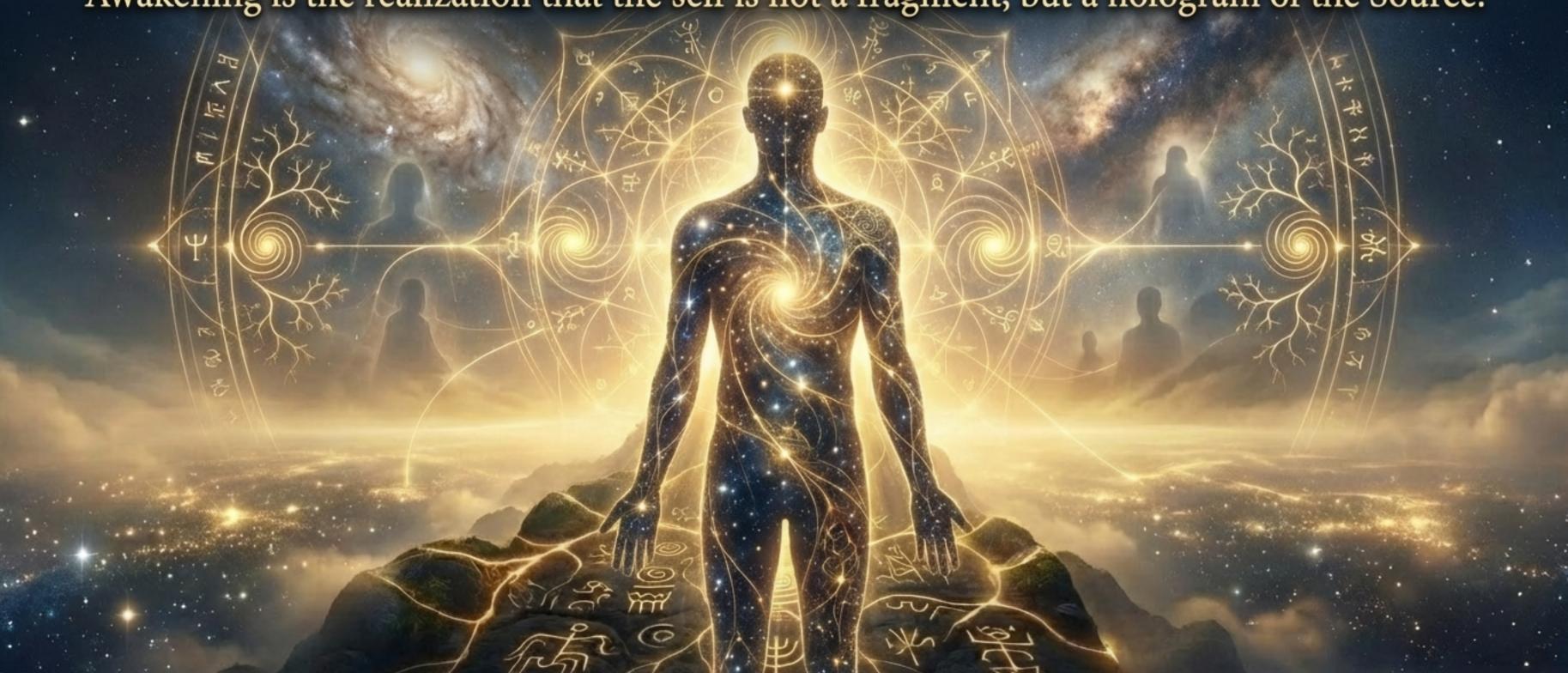
TECHNOLOGIES OF THE SACRED

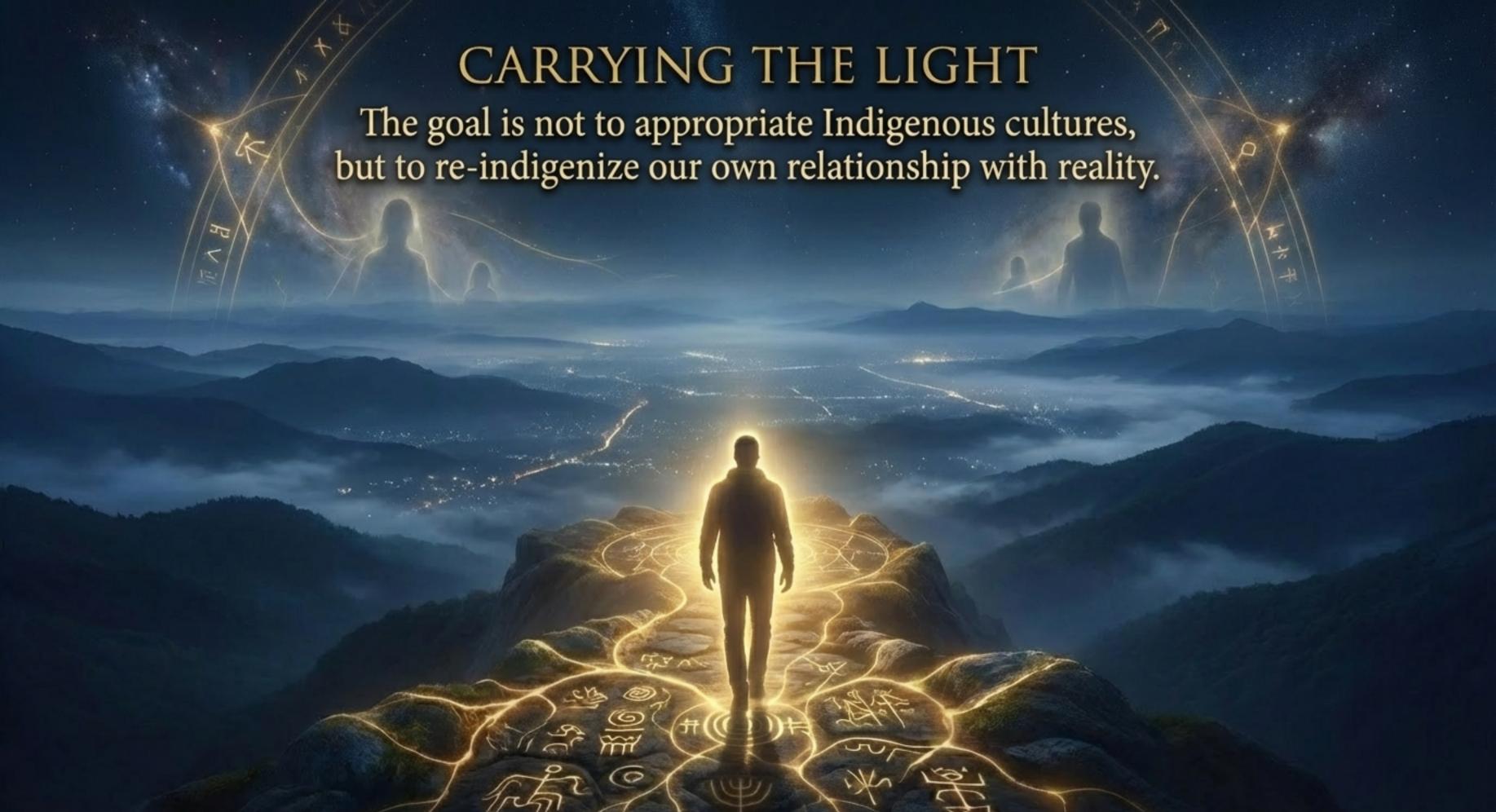




The fractal breathes — and we are part of its song.

The Holographic Principle: Every part contains the information of the whole. Awakening is the realization that the self is not a fragment, but a hologram of the Source.





THE PRACTICE: TIME & ATTENTION



Re-Indigenize Time:

Move from 'Machine Time' to 'Garden Time.' Honor rest as a necessary phase of the cycle.

Deep Listening (Dadirri): Inner, deep listening and quiet still awareness. The antidote to the attention economy.

THE PRACTICE: PLACE & SYSTEMS



Find a Sit Spot:

Train the brain to recognize patterns and shift from 'visitor' to 'participant' in the ecosystem.



Practice Whakapapa:

Trace the lineage of objects. Seeing the supply chain is 'systems consciousness.'

